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## Rock Climbing Equipment List [Click here to print this page](#)

### Clothing

- T-Shirt - Cotton for warm weather, synthetic for multi-pitch or cool weather
- Climbing Pants - Loose fitting, cotton for warm weather, synthetic for multi-pitch or cold
  
- Insulation Layer Top - Pile (fleece), light synthetic fill or wool sweater/jacket
- Waterproof Layer Top - Waterproof breathable or coated nylon jacket
- Waterproof Layer Pants - Waterproof breathable or coated nylon pants
- Sun Hat
- Toque - Wool or Synthetic
- Light Gloves - Wool, synthetic or leather
- Belay Jacket (optional) - Warm down or synthetic jacket for hanging/belaying in the cold

### Personal Equipment

- Pack
- Water Bottle
- Lunch
- Sunglasses
- Sun and Lip Cream
- Pocket Knife

### Climbing Equipment

- Helmet
- Harness
- Belay Device
- Locking Carabiner
- Rock Shoes
- Approach Shoes
- Chalk Bag
- Nut Pick

### Team Equipment

- Rope(s)
- Climbing Rack - nuts, cams, quickdraws, biners, etc.
- Pitons and Hammer - optional depending on route
- Slings - single and double length
- Cordelettes
- First Aid Kit
- Route Book/Description